

# How Online Urologists Can Help with Common Urological Problems?

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Your urinary system comprises different organs, ranging from kidneys to prostate glands. These organs work together to control waste in your body. Any issues with your urinary system may affect your physiological systems. So, you need a consultation with a qualified urologist to start an effective treatment. During [online urologist consultation](#), you can discuss your problems with the expert. There is no need to visit a clinic for the common urology problems.

### **Urological diseases that need medical treatment**

An online urologist will help you cure different urological conditions.

#### **Urinary tract infections**

UTI is a common urologic issue in several women. Bacteria affect the urethra and bladder, but they may also damage the kidneys. During urination, you will feel a burning sensation. Other symptoms of UTI are-



- Pelvic pain
- Foul-smelling urine
- Cloudy urine

The urologist will ask a few questions about the symptoms and recommend a medical test. The expert will make a decision based on the urine culture test report.

## **Hematuria**

If you have noticed blood in your urine, it indicates hematuria. Sometimes, cancer symptoms in your urinary tract lead to hematuria. The urologist will detect any potential issue in your urinary tract system. Other conditions that cause hematuria are UTIs, bladder stones, and kidney infections.

The presence of blood in urine is the main symptom of cancers in the urinary tract. However, other diseases that cause the same symptoms are polycystic renal issues and sexually transmitted diseases.

## **Prostate diseases**

Many men consult a urologist to treat their prostate issues. Some common symptoms of the prostate disorder are-

- Painful urination
- A problem in emptying the bladder
- Traces of blood in your urine

An enlarged prostate may cause these signs, and it needs proper medications. In some cases, you need minimally invasive surgery to treat this condition. Especially older men have a risk of prostate problems.

## **Overactive bladder**

An overactive bladder leads to unusual urges for urination. Bladder stones and other conditions may cause overactive bladder. Patients with neurological disorders also experience this condition. So, your urologists will recommend a test to find blood or infection in your urine. Most experts recommend urodynamic tests that measure bladder pressures and urine flow rate.

If a woman experiences an overactive bladder after menopause, vaginal estrogen therapy will provide an effective result. Experts may also prescribe



medications and bladder injections to cure the conditions. So, book doctor appointments online and diagnose your condition. Early treatment will save you from further issues.

### **Urinary incontinence**

It refers to involuntary urine leakage, which causes frequent wetting. Pelvic floor muscles, obesity, and several other factors cause this problem. You need a [doctor consultation online](#) for a proper diagnosis. The expert will recommend a lab test to check infection signs in your urine.

There are various types of incontinence, ranging from stress to overflow incontinence. Stress incontinence causes leakage when you cough and laugh. The doctor prescribes medications depending on the symptoms.

### **Pelvic Floor Dysfunction**

Qualified urologists treat pelvic floor dysfunction that causes pain and bowel disorders. You may experience stool leakage, constipation, and other symptoms. You need medications and pelvic floor therapy to treat this condition.

Injuries to the pelvic part and pelvic surgery are common causes of the dysfunction. Anxiety and extreme stress also lead to pelvic floor dysfunction. Thus, consult a urologist and identify the cause of pelvic floor dysfunction.

### **Consult Expert Urologists with Total Health Solutions**

Do you want an online urologist consultation? [Total Health Solutions](#) connect you with expert urologists who have successfully treated various urological conditions. Our specialists will assess your concerns virtually and provide the best possible guidance.

